

## **The Role of Nature - Outline**

I. Introduction. Nature is a very important element in our lives as it refers to all natural environments in which human beings exist. Although people have changed a lot and place themselves in an elevated position, the truth is that they cannot survive without nature. It is still eminent,so the natural environment plays a key role in our lives. Nature is at the very heart of human existence and cannot be ignored. The majority of people have migrated to urban areas where there is little or no direct contact with nature. However, since nature plays a very important role, it should be incorporated into the landscape of any urban setting. The paper will bring the role of nature into an explicit focus.

II. Nature is the main food provider.

- A. Nature is the main source of food for all organisms. It provides good soils that enhance the plant growth. Nature also has cycles that enable the circulation of nutrients. Plants form an important element in the food chain (Hance 2011).
- B. Despite great urbanization, people still rely on nature for the provision of food. Farmers grow foods, and urban dwellers get food from the market.

III. Nature also plays a role in regulating the climate of the Earth.

- A. Nature has ecosystems such as rainforests, mangroves as well as oceans that enhance the carbon cycle.
- B. An ecosystem plays a role in regulating utilization of greenhouse gasses emission that is the main cause of climate change (Hance 2011).
- C. Some ecosystems also act as bioreactors that influence the changes of weather.

IV. Nature is the main source of medicines used to cure various diseases.

- A. “Nature is our greatest medicine cabinet: to date it has provided humankind with a multitude of life-saving medicines from quinine to aspirin, and from morphine to numerous cancer and HIV-fighting drugs” (Hance 2011).
- B. Over the past years, there have been a lot of medical discoveries such as the introduction of HIV-fighting as well as cancer drugs.
- C. However, despite the great significance of nature in providing drugs, people continue to destroy the important plants and their habitats. If conservation efforts are prioritized, even the future generations will benefit.

#### V. Nature helps in improving our psychological health.

- A. “Recent research has found what nature-lovers have long expected: spending time in a green space, such as a park, provides benefits for one’s mental and physical health” (Hance 2011).
- B. The research indicates that nature can be of significant help in improving the mental health of an individual.
- C. Additionally, walking in a green plantation is known to be beneficial to children suffering from ADHD since it deepens their concentration (Hance 2011).
- D. Individuals who live in the natural environment are also known to have better health than others. Nature, therefore, plays a role in improving our mental wellbeing (Hance 2011).

#### VI. Nature plays a role in the economy.

- A. “In the common tension viewed between the economy and the environment—e.g. do we clear-cut a forest or conserve it?—one fact is often neglected: the environment underpins the entire global economy” (Hance 2011).
- B. Nature is a core part of the world economy. It is eminent that without such nature elements as fertile soils, clean air and water the world economy would face a challenge.

C. There would be no stability if we destroyed nature.

## VII. Conclusion.

Nature plays a very important role in our lives and in the environment which we live in.

Obviously, nature is one of the most important elements of life. It is highly doubtful that if nature was destroyed, life would exist. Human beings should consider the implications of their activities to the nature and the environment. Minding environmental concerns while making economic decisions is one of the effective solutions that should be put in place to protect nature in the future.